

# HANOVER PARK REGIONAL HIGH SCHOOLS






## May 2025



*Daily Dish*

*Veggie Dish*

AVAILABLE DAILY

<b>Monday 5</b>	<b>Shredded Beef, Salsa Roja &amp; Cheese Tamale w/ Local Radish Slaw served w/ Rice &amp; Beans</b>	<b>Two Cheese &amp; Green Chile Tamale w/ Local Radish Slaw served w/ Rice &amp; Beans</b>	    <b>Made-to-Order Thumann's Deli Bar</b> Assorted Grab & Go Sandwiches    Assorted Specialty Pizzas    All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns    Assorted Premade Salads
<b>Tuesday 6</b>	General Tso's Chicken with Broccoli over Jeweled Brown Rice	Plant-Based General Tso's with Rice & Broccoli	
<b>Wednesday 7</b>	Chipotle Bar- White rice with a choice of Beef or Chicken, Cheese and assorted toppings.	Chipotle Bar- White rice with a choice of Vegetables, Cheese and assorted toppings.	
<b>Thursday 8</b>	Assorted Chicken Wings & Sauces with a Roll served with Celery Sticks	Plant-Based Wings & Sauces served with Celery Sticks	
<b>Friday 9</b>	Pulled Pork Sandwich with Coleslaw and Pickles	Grilled Vegetable Banh Mi Sandwich	

Fruits & vegetables from The Farm Stand are included with lunch.

**A complete meal includes:** Entrée with Protein/Grain, a Trip to The Farm Stand, & a Choice of Milk.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines.

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com). Menu Subject to Change

**FOOD  
ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).



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<b>Monday 12</b>	Grilled Chicken Bruschetta with Fresh Tomato, Provolone Cheese & Balsamic Vinaigrette on a Roll	Penne Pasta with Marinara Sauce & Shredded Mozzarella Cheese	 <b>Made-to-Order Thumann's Deli Bar</b> Assorted Grab & Go Sandwiches    Assorted Specialty Pizzas   All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns   Assorted Premade Salads
<b>Tuesday 13</b>	Pepperoni Stromboli with Marinara Dipping Sauce	Cheese Stromboli with Marinara Dipping Sauce	
<b>Wednesday 14</b>	Wild Wing Wednesday – Assorted Chicken Wings & Sauces with a Roll served with Celery Sticks	Wild Wing Wednesday - Plant-Based Wings & Sauces served with Celery Sticks	
<b>Thursday 15</b>	All-Beef Hot Dog on a Bun with French Fries  <i>Choose from Assorted Fixings: Chili, Chopped Onion, Sauerkraut</i>	Broccoli Penne with Garlic Sauce, Plant-Based Nuggets & a Dinner Roll	
<b>Friday 16</b>	Chicken Lo Mein with an Egg Roll	Veggie Lo Mein with an Egg Roll	

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<b>Monday 19</b>	Nachos Grande with Turkey Taco, Brown Rice & Scoops Chips	Roasted Vegetable Wrap with Melted Mozzarella Cheese & Garlic Basil Dressing	<i>Deli Central</i>	<b>Made-to-Order Thumann's Deli Bar</b> Assorted Grab & Go Sandwiches 
<b>Tuesday 20</b>	Jerk Chicken served with Jamaican Rice & Peas and Roasted Vegetables	Ricotta & Mozzarella Cheese Stuffed Shells with Tomato Basil Sauce & a Dinner Roll	<b>PIZZA ZONE</b>	Assorted Specialty Pizzas
<b>Wednesday 21</b>	Wild Wing Wednesday – Assorted Chicken Wings & Sauces with a Roll served with Celery Sticks	Wild Wing Wednesday - Plant-Based Wings & Sauces served with Celery Sticks	<b>AMERICAN GRILLE</b>	All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns
<b>Thursday 22</b>	Mediterranean Steak Wrap – Gyro with Beef, Onions, Tomato & Tzatziki Sauce in a Wrap with a <b>Star-Shaped Soft Pretzel</b>	Falafel Gyro – Falafel, Onions, Tomato & Tzatziki Sauce in a Wrap with a <b>Star-Shaped Soft Pretzel</b>	<b>FRESH FARMISTAND</b>	Assorted Premade Salads
<b>Friday 23</b>	Sweet & Sour Chicken over Rice with a side of Vegetables	Sweet & Sour Plant-Based Chicken over Rice with a side of Vegetables		

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Monday 26	<b>Memorial Day No School</b>	<b>Memorial Day No School</b>	 <b>Made-to-Order Thumann's Deli Bar</b> Assorted Grab & Go Sandwiches    Assorted Specialty Pizzas   All-White Meat Chicken Tenders with Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns   Assorted Premade Salads
Tuesday 27	"Jersey Shore" Cheesesteak Hero with Onions & Peppers	Capri Sandwich with Fresh Mozzarella Cheese, Tomato & Basil Spread	
Wednesday 28	Wild Wing Wednesday – Assorted Chicken Wings & Sauces with a Roll served with Celery Sticks	Wild Wing Wednesday - Plant-Based Wings & Sauces served with Celery Sticks	
Thursday 29	Meatball Parmesan Hero Sautéed Italian Green Beans	Eggplant Parmesan Hero Sautéed Italian Green Beans	
Friday 30	Chicken Quesadilla served with Corn & Black Bean Salad	Cheese Quesadilla served with Corn & Black Bean Salad	

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